

SUGGESTED FEEDING TABLE*			
Approximate age of Baby	Water (ml)	Level scoops* of	No. of Feeds per day
Up to 4 weeks	90	3	6
4 to 6 weeks	120	4	5
7 to 8 week	150	5	5
3 & 4 months	180	6	5
5 & 6 months	210	7	4
Over 6 months	240	8	3 to 4

Standard reconstitution is one level scoop (Approximately 4.8g) of powder for each 30 ml of water. * Consult your baby's doctor about how much your baby should be consuming. These are suggested feeding intakes; every baby is different.

* Only use the scoop provided in the tin
1 Liter Milk = 140g Powder + 900ml Water

WARNING

Only prepare one feed at a time. Feed immediately and follow the instructions exactly. Do not keep unfinished feed, discard the contents. Always hold baby while feeding. Leaving baby unattended may cause choking. Infant milk substitute should be used only on the advice of a health worker as to the need for its use and the proper method of its use. Infant milk substitute is not the sole source of nourishment of an infant.

CAUTION

Careful and hygienic preparation of Infant milk substitute is most essential for health. Do not use fewer scoops than directed, since diluted feeding will not provide adequate nutrients needed by your Infant. Do not use more scoops than directed since concentrated feed will not provide the water needed by your infant. Ensure enclosed scoop is washed and thoroughly dried before use. After opening use the contents within 3 weeks or the expiry date, whichever is earlier.

WARNING

Unboiled water, unboiled utensils or incorrect dilution can make your baby ill. Incorrect storage, handling, preparation and feeding can potentially lead to adverse effects for the health of your baby.

Lactose free infant milk substitute should only be used in case of diarrhea due to lactose intolerance.

The lactose free infant milk substitute shall be withdrawn if there is no improvement in symptoms of intolerance.

Manufactured For:


Astrantia Healthcare Pvt. Ltd.
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Manufactured By:

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Rakarpur, Ta. Kalol, Dist. Gandhinagar, Gujarat-382721, India.

INGREDIENTS

Lactose free protein (Whey Protein, Calcium Caseinate), Maltodextrin, Vegetable oils, Medium Chain Triglycerides (MCT), Fructose, Nucleotides, Mixed Tocopherols, minerals (Calcium Caseinate, Potassium Phosphate Diabetic, Potassium Chloride, Magnesium Oxide, Copper Sulphate, Zinc Sulphate, Sodium Selenite, Sodium Chloride, Manganese Chloride, Ferrous Sulphate, Potassium Iodide), Vitamins (Retinyl Palmitate, Ascorbic Acid, Ergocalciferol, DL- alpha- Tocopheryl acetate, Phytomenadione, Thiamine mononitrate, Riboflavin, Nicotinamide, Calcium-D-pantothenate, Folic Acid, Pyridoxine hydrochloride, D- biotin, Cyanocobalamin, Choline bitartrate), Taurine and L-Carnitine.

USEFUL INSTRUCTIONS

- Store unopened tin under normal room temperature conditions.
- Cover opened tin and store in cool, dry place (not in refrigerator).
- Prepare 1 feed at time. Feed instantly to the child and do not preserve.
- Infant milk Food is not the sole source of nourishment of an Infant.
- Breast milk is best for babies. It can prevent diarrhea.

चैतवनी

एक बार में केवल एक बार के लिए ही आहार तैयार करें। तुरन्त पिलाएं और निर्देशों का पूरा पालन करें। बचे हुए आहार को फेंक दें। शिशु को हमेशा गोद में रखकर पिलाएँ। शिशु को अकेला छोड़ देने पर उसको संतुष्ट लेने में रुकावट आ सकती है। शिशु दुग्ध अनुकूल्य की आवश्यकता तथा प्रयोग की विधि की जाकारी स्वास्थ्यकर्ता से ही लें। शिशु दुग्ध अनुकूल्य ही शिशु के पोषण का एकमात्र आहार नहीं है।

सावधानी

शिशु दुग्ध अनुकूल्य सावधानी पूर्वक और स्वच्छतापूर्वक तैयार करना स्वास्थ्य के लिए आवश्यक है। निर्दिष्ट स्तूप से कम प्रयोग न करें, क्योंकि इसके पोषण से आपके शिशु के लिए अपेक्षित पर्याप्त पोषक तत्व नहीं उपलब्ध होंगे। निर्दिष्ट स्तूप से अधिक का प्रयोग न करें क्योंकि पोषण में आपके शिशु के लिए अपेक्षित जल उपलब्ध नहीं होगा। सुनिश्चित कर लें कि सख धिया गया चम्मच प्रयोग से पहले अच्छी तरह धोया और सुखाया गया हो। खोलने के बाद पाउडर का प्रयोग 3 सप्ताह के भीतर या समय समाप्ति की तिथि से पहले कर लें।

IQMIL-LF is a nutritional special food with lactose free easily digestible proteins. It has been fortified with essential vitamins and Minerals. It can be given to all ages of lactose intolerant babies.

IQMIL-LF is a complementary food, not a medicine to take care of lactose intolerant babies.

LACTOSE FREE OR SUCROSE FREE INFANT MILK SUBSTITUTE TO BE TAKEN UNDER MEDICAL ADVICE ONLY.


Lic No. 11121001000531


Lic No. 10719009000334

IS : 17945



CML-7200234599

www.bis.gov.in



Net Weight
400 g

IMPORTANT NOTICE: MOTHER'S MILK IS BEST FOR YOUR BABY

महत्वपूर्ण सूचना : माँ का दुग्ध आपके बच्चे के लिए सर्वोत्तम है।



UP TO
24
MONTHS



IQMIL®

LF

SPECIAL FORMULA MILK FOR BABY WITH
LACTOSE INTOLERANCE

NUCLEOTIDES

LACTOSE
SUCROSE
FREE FOOD

28 VITAMINS
& MINERALS

HOW TO PREPARE



Wash hands



sterilize all utensils



Boil fresh drinking water & cool it upto approximately 40°C.



Consult feeding table. Pour amount of water required into sterilized feeding cup.



Using enclosed scoop, add amount of IQMIL-LF powder as indicated, Make sure that scoops are leveled.



Close the feeding cup & shake well to dissolve powder. Clean the feeding cup, cap etc. thoroughly after use.

IQMIL-LF

Nutrients	Units	Per 100 g powder	Per litre of prepared feed
Energy	kcal	487.7	682.70
	kJ	2043	2860.2
Protein	g	15.7	21.98
Fat	g	22.1	30.94
Saturated fatty acid (not more than)	g	14.0	19.6
Mono unsaturated fatty acid	g	4.5	6.3
Polynsaturated fatty acid	g	3.4	4.8
Trans fatty acids (not more than)	g	0.6	0.8
Cholesterol	mg	25.0	35.0
Linoleic acid	g	3.1	4.3
Alpha linolenic acid	mg	280.0	392.0
Carbohydrates	g	56.5	79.1
Sugar	g	0	0
Nucleotides	mg	22	30.8
Choline	mg	45	63
Taurine	mg	36	50.4
L-Carnitine	mg	5.8	8.12

MINERALS			
Calcium	mg	330	462
Phosphorus	mg	160	224
Chloride	mg	310	434
Magnesium	mg	44	61.6
Copper	mg	0.22	0.31
Zinc	mg	2.9	4.06
Selenium	mcg	12	16.8
Sodium	mg	144	201.6
Potassium	mg	580	812
Manganese	mcg	55	77
Iron	mg	5.6	7.84
Iodine	mcg	112	156.8

VITAMINS			
Vitamin A	mcgRE	380	532
Vitamin C	mg	45	63
Vitamin D	mcg	13	18.2
Vitamin E	mgTE	3.45	4.83
Vitamin K	mcg	28	39.2
Thiamine	mg	0.33	0.46
Riboflavin	mg	1	1.4
Niacin	mg	4.8	6.72
Pantothenic acid	mg	3.4	4.76
Folic acid	mcg	88	123.2
Vitamin B6	mg	0.3	0.42
Vitamin B12	mcg	0.6	0.84
Biotin	mcg	12.5	17.5

See bottom for Mfg. Date / Expiry Date / Batch No. / MRP Rs. (Inclusive of all taxes)